

Resources: Promoting Mental Health through the Pyramid Model



General Information on Pyramid Model

- Find a Pyramid Model teacher training/trainer in Wisconsin: <http://www.collaboratingpartners.com/wi-pyramid-model-trainings.php>
- National Pyramid Model sites: <http://csefel.vanderbilt.edu/> , <http://challengingbehavior.fmhi.usf.edu/index.htm> , <http://www.pyramidmodel.org/>
- Pyramid Model research briefs: <http://www.pyramidmodel.org/pyramid-model-research.html> and <http://csefel.vanderbilt.edu/resources/research.html>
- Program Wide Implementation overview in Wisconsin video: <https://www.youtube.com/watch?v=e1PjMLdw6N8>
- Wisconsin Model Early Learning Standards: <http://www.collaboratingpartners.com/wmels-about.php>

Resources to support universal social and emotional intentional teaching

- What You Do and Don't Want to See in an Preschool Classroom: <https://families.naeyc.org/accredited-article/what-you-do-and-don%E2%80%99t-want-see-preschool-classroom>
- You Got It! Teaching Social and Emotional Skills article: http://www.challengingbehavior.org/do/resources/documents/yc_article_11_2006.pdf
- Importance of make-believe play NAEYC article: http://www.naeyc.org/files/yc/file/201201/Leong_Make_Believe_Play_Jan2012.pdf
- Importance of Big Body Play in social and emotional development <https://families.naeyc.org/learning-and-development/child-development/what-big-body-play-and-why-it-important>

Teaching Expectations:

- Reducing Challenging Behavior by Clarifying Expectations, Rules, and Routines Workshop: http://challengingbehavior.fmhi.usf.edu/communities/make_n_take/make_n_take_home.html
- Providing descriptive feedback to young children: <https://app.box.com/s/hkz0zh5aosrvzi7metj1l5dpgd7exv70>
- Communication is key!: http://challengingbehavior.fmhi.usf.edu/do/resources/teaching_tools/toc/folder1/1b_communication.pdf

Emotional Literacy:

- Enhancing Emotional Vocabulary in Young Children article: http://www.challengingbehavior.org/do/resources/teaching_tools/toc/folder8/8a_enhancing_emot_voc.pdf
- Emotion faces: <http://csefel.vanderbilt.edu/modules/2006/feelingchart.pdf>
- Head Start Ideas for Teaching Children about Emotions: <http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/mental-health/ec-mental-health-consultation/family-materials/everyday-ideas.html>

Self-regulation:

- Helping Young Children Control Anger and Disappointment article: http://www.challengingbehavior.org/do/resources/teaching_tools/toc/folder4/4a_csefel_anger_article.pdf
- Tucker Turtle Scripted Story: <http://csefel.vanderbilt.edu/scriptedstories/tuckerturtle.ppt>
- Tucker Turtle prompt cards: <https://app.box.com/s/ox8o51v77n9hr0tkugrkk42iyvyhpoh>
- Head Start Center for Inclusion Emotional Regulation Visual resources: <https://goo.gl/TYGspC>

Problem solving:

- Teaching Preschoolers to Problem Solve NAEYC article: <https://www.naeyc.org/files/tyc/file/V5N3/Preschoolers%20Grow%20Their%20Brains.pdf>
- Problem Solving Boy/Girl Visual Resources: http://www.mediafire.com/view/lugjmcjakxyxprv/ALL_ProbSolvDocuments.pdf
- Solution Toolkit Resources: <http://csefel.vanderbilt.edu/ppt/solutkitcuecards.ppt> and <http://csefel.vanderbilt.edu/modules/2006/solutionkit.pdf> and <http://csefel.vanderbilt.edu/modules/2006/getatimer2006.pdf>
- Head Start Ideas for Teaching Children about Problem Solving: <http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/mental-health/ec-mental-health-consultation/family-materials/everyday-ideas.html>

Resources on social and emotional development for families

- TACSEI Backpack Connections Series: <http://challengingbehavior.fmhi.usf.edu/do/resources/backpack.html>
- TACSEI Making Life Easier Series: http://challengingbehavior.fmhi.usf.edu/do/resources/making_life_easier.html
- Center on the Social and Emotional Foundations for Early Learning Family Tools: <http://csefel.vanderbilt.edu/resources/family.html>