

Wisconsin FACETS: Adapted Physical Education

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Presenters for Today's Session

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Moderator

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At DPI, Educational Equity Means...

EQUITY



That every student has access to the educational resources and rigor they need at the right moment in their education, across race, gender, ethnicity, language, ability, sexual orientation, family background, and/or family income.



Overview

- The Law
- Terms
- Indicators of a Quality Program
- Universal Design for Learning



The Law

Federal Register (2006)

§ 300.39 (1) Special education means specially designed instruction, at no cost to the parents, to meet the unique needs of a child with a disability, including—

- (i) Instruction conducted in the classroom, in the home, in hospitals and institutions, and in other settings; and
- (ii) Instruction in physical education.**



Terms



Adapted

Adaptive

Specially Designed Physical

Education

Universal Design for Learning

Adapted vs. Adaptive

- **APE** - Adapted Physical Education
- **Adapted** - how an activity is modified so a student with a disability or anyone can succeed, be safe, and have a meaningful experience.
- **Adaptive** - term aligned with behavior; may also be used to describe types of equipment and assistive devices.
 - Adaptive behavior refers to age-appropriate behaviors people with and without disabilities need to live independently and function well in daily life (e.g., grooming, getting dressed, avoiding danger, safe food handling, following rules, managing money, etc.)



Indicators of a Quality K-12 School Programs



- **Teacher qualifications/certifications**
 - Wisconsin 860 Add-on License
 - Certified Adapted Physical Educator (CAPE)
- **Comprehensive Evaluation**
 - Data-based decision making
 - Eligibility
 - Progress monitoring



Indicators of a Quality Program continued

- Placement Options for Service Delivery
 - Least Restrictive Environment
 - Adapted physical education is a service, not a placement
- IEP Development and Goals



IEP Goals

- Purpose: describe what student can be reasonably expected to accomplish within a calendar year with specially designed instruction
- Directly related to Present Levels of Performance data
- Serve as basis for developing lesson plans for specially designed instruction
- Goals are target areas of need
- Standards-based



What if no licensed APE teacher?

- Collect information from other teachers
- Provide observations of difficulties
- Any PE teacher can use professional judgement to indicate need
- Contract with outside APE licensed teacher

Universal Design for Learning



Educators with a UDL mindset, apply design principles to make learning accessible, usable, and beneficial to each and every person. UDL is a framework for proactively designing learning environments and experiences – from the beginning – that enable ALL students to gain knowledge, skills, and enthusiasm for learning needed to be expert, lifelong learners.

<https://dpi.wi.gov/universal-design-learning>



Why should we work from a UDL perspective?



CLEARING A PATH
FOR PEOPLE WITH SPECIAL NEEDS
CLEARS THE PATH FOR EVERYONE!

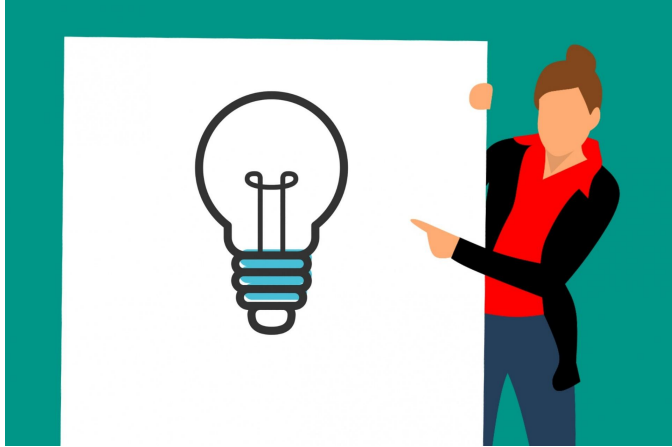
Universal Design

Three Principles of UDL

- Multiple Means of Engagement – in the way students are engaged.
- Multiple Means of Representation – The educator provides flexibility in the way information is presented
- Multiple Means of Action & Expression – in the way students respond or demonstrate knowledge and skills



Universal Design



UDL Propositions

- UDL is about proactively valuing diversity
- UDL is about design
- UDL does not occur naturally
- UDL is not assistive technology , however technology is essential for implementing UDL
- UDL must be evaluated based on enhanced student performance

Summary - main concepts

- Adapted Physical Education is a service, not a placement
- Especially in an initial evaluation, the IEP team should consider including the Physical Education or Adapted Physical Education teacher to provide input
- Any licensed Physical Education teacher can implement adapted physical education
- Universal Design is an every student initiative

Questions?



Resources

Center on Disability Health and Adapted Physical Activity, UW- LaCrosse

<https://www.uwlax.edu/center/cdhapa/>

DPI Bulletin Physical Education for Children with Disabilities

<https://dpi.wi.gov/sped/laws-procedures-bulletins/bulletins/10-04>

DPI Physical Education and Physical Activity

<https://dpi.wi.gov/sspw/physical-education>

DPI Specially Designed Physical Education

<https://dpi.wi.gov/sped/topics/specially-designed-physical-education>



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